



Get to Know You Exercises

The "Worst"

- Everyone write down one of their "worst" experiences in one of several categories: worst job, worst vacation, worst embarrassing moment, etc.
- Put everyone's written "worst" in the middle of the table and designate one person to pick from the hat.
- The designee reads aloud the worst experience.
- Each person at the table must pretend that the experience read aloud is their own experience and convince the table audience that they actually lived the experience.
- When everyone has finished, the table votes to see who they think is telling the truth.

Fire/Water

- Ask table participants to tell a story from their personal or professional life which involves either fire or water.
- Everyone has to tell a story surrounding of those two elements. (Thunderstorm, swimming pools, camp fire, etc.)

Icebreaker Questions

- Designate someone to throw out questions to the table to get people to learn more about each other:
 - Who had the smallest high school graduation class?
 - Who was born outside of the U.S.?
 - Who traveled the farthest to attend the meeting/conference/training?

Who's Who Fun Facts

- Each person write down a fun fact about themselves.
- Fold the fact cards in half and put them in the center of the table.
- Designate someone to open each answer and the table has to guess to whom the "fun fact" belongs.

Name Game

- Have each person take turns introducing themselves.
- Have each person tell a unique fact about their name.
 - What is the meaning?
 - What nationality?
 - How they were named?